



Water Safety Sensory Sessions

www.messybubs.com

www.kidsalive.com.au

Adventures at the Beach - Baby

Kids Alive and Messy Bubs have joined forces to share water safety messages through unique sensory play experiences. There are many amazing benefits to multi-sensory play that lead to development of thought, intelligence and social skills. It is a wonderful way to create quality creative time for families and caregivers.

By combining this form of play with water safety messages we are creating a unique way to educate children under 5. Use the lesson plans to guide the activity and help expand the learning of little ones under your care. Everything can be adapted to suit your environment and resources available.

YOU WILL NEED:

- ✓ 1kg of Flour
- ✓ 1 Cup of Vegetable Oil
- ✓ Gelatine Powder
- ✓ Blue Food Colouring
- ✓ Kids Alive Do The Five Music
- ✓ Water
- ✓ Containers

METHOD:

- ❖ Add 4 cups of water to a saucepan and a few drops of colour.
- ❖ Sprinkle 4 tsp of gelatine powder to the water and leave for 5 minutes until it creates a sponge effect.
- ❖ Place mixture on to the stove and warm only (do not boil). Give a gentle stir.
- ❖ Once warmed add carefully to your container and place in the fridge to firm.
- ❖ Add the flour and oil to a mixing bowl and mix together.
- ❖ Once the oil has been mixed in the texture should be soft and crumbly like sand and is mouldable.
- ❖ Lay your mixtures in your tray or container and add pots, beach safety items and sea creatures to maximise learning.

LEARNING OUTCOMES:

Cloud dough and gelatine blocks create a great hands-on sensory learning experience for babies and young children.

It supports with:

- ❖ Creativity
- ❖ Fine motor development
- ❖ Hand-eye coordination and control
- ❖ Cause and effect
- ❖ Gelatine blocks are squishy allowing babies to strengthen little muscles in their fingers and hands. If bub is still mouthing, it's edible also.

Adult supervision required at all times.



Water Safety Messages

Swim between the red and yellow flags

Caregivers must stay within arm's reach of children

Children should swim with an adult

Don't forget sunscreen and a hat

Respect our lifesavers

What can you feel?

Cloud dough and gelatine blocks create a great hands-on sensory learning experience for babies and young children, especially young babies who are exploring with their mouths as it is taste safe and soft.

LEARNING OUTCOMES:

- ❖ Creativity - sand play
- ❖ Fine motor development - pincer grips
 - ❖ Hand-eye coordination and control
 - ❖ Cause and effect
- ❖ Gelatine blocks are squishy allowing babies to strengthen little muscles in their fingers and hands.



Messy Bubs

